

October Half Term Timetable

MONDAY 23rd OCT	TUESDAY 24th OCT	WEDNESDAY 25th OCT	THURSDAY 26th OCT	FRIDAY 27th OCT	SATURDAY 28th OCT
Main Studio					
 <i>Small groups maximum 6 people.</i> <i>Large groups maximum 12 people.</i>					
					Ante/Post Natal 09.00 - Becky
Intermediate 2 09.30 - Julie M		Intermediate 1/2 9.30 - Sandra		Beginners/Intermediate 1 9.30 - Jess	Beginners/Intermediate 1 10.00 - Caitlin
Older Adult 10.30 - Julie M	Intermediate 1 10.00 - Julie M		Intermediate 1 10.00 - Susie		Intermediate 1/2 11.00 - Caitlin
	Older Adult 11.45 - Julie	Rehab/Older Adult 11.30 - Susie			
Intermediate 1 12.00 - Katie					
Post Natal 13.30 - Katie			Rehab 13.45 - Emma		
		Intermediate 1 17.00 - Sandra			
Intermediate 1/2 17.30 - Julie	Intermediate 1/2 18.00 - Julie M	Beginners 18.00 - Sandra			
			Intermediate 2 18.30 - Caitlin		
Intermediate 2 19.30 - Su	Intermediate 1 19.00 - Emma	Intermediate 2/Advanced 19.30 - Jenny	Intermediate 1 19.30 - Caitlin		
Int1/2 20.30 - Su	Intermediate 2 20.00 - Emma				
Oak Room Studio					
 <i>Small groups maximum 5 people.</i>					
Neuro 10.00 - Jess	Intermediate 1 (Rehab) 9.30 - Sandra				Intermediate 1 10.00 - Jenny
Neuro 11.00 - Jess	Neuro 11.00 - Jess				
		Ante/Post Natal 18.00 - Jacqui			
	Ante/Post Natal 19.30 - Emily	Intermediate 1 19.30 - Sam			
	Beginners 20.30 - Paul		Beginners/Intermediate 1 20.00 - Sarah		