

# Christmas Holiday Timetable 2017

Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd	Saturday 23rd
<b>Main Studio</b>					
■ Large groups maximum 12 people.					
				7.30 Pilates for Sport Emma	
9.30 Int 2 Julie M		9.30 Int 1/2 Sandra	10.00 Int 1 Janet	9.30 Beg/Int 1 Yulia	9.00 Beg/Int 1 Caitlin
10.30 Older Adult Julie M	10.00 Int 2 Julie M				10.00 Int 1/2 Caitlin
11.30 Int 1 Susie	11.45 Older Adult Sue	11.30 Beg/Rehab Susie			
1.30 Post Natal Jenny			1.45 Rehab Emma		
5.30 Int1/2 Julie	5.30 Int 1/2 Julie	5.30 Beg/Int 1 Sandra	6.30 Int 1/2 Caitlin		
7.30 Int 2 Susie P	7.00 Int 1 Emma	7.30 Int 2/Adv Jenny	7.30 Int 1 Katie		
	8.00 Int 2 Emma				
<b>Oak Studio</b>					
■ Small groups maximum 5 people.					
10.00 Neuro Jess					9.00 Ante/Post Natal Becky
11.00 Neuro Jess	11.00 Neuro Jess				
6.30 Beginners Julia		6.00 Ante/Post Natal Jacqui	6.30 Ante/Post Natal Katie		
	7.30 Ante/Post Natal Emily	7.30 Int 1/2 Sam			
8.00 Int 1/2 Sue L	8.30 Beg/Int 1 Paul	8.30 Beginners Sam	8.30 Beg/Int 1 Sarah		

